



Living Every Moment
with Care, Comfort and Hope



In Good Hands: Brad Pingrey's Story

Like many hospice families, Brad Pingrey feels that hospice provided indispensable and empathetic support during an experience that would be taxing for anyone. In 2015, his wife, Donna, was diagnosed with Progressive Supranuclear Palsy (PSP), a rare neurodegenerative disease with effects similar to ALS. Determined to persevere as best they could, the Pingreys enrolled Donna in clinical trials, but they were ultimately unsuccessful. They approached Hospice in December of 2019, the same day that Donna's clinical trials were discontinued.

As if these challenges weren't enough, the Pingreys were also navigating hospice during the time of COVID. Brad says that as soon as they met with Hospice's social worker and nurse, he could tell that "they were in good hands." Even as the circumstances required several modifications for COVID safety,



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Brad says that nurse Gloria was always responsive and attentive to Donna's needs. Hospice's additional support team, such as music therapist Georgia, massage therapists, and volunteers, all took turns spending time with Donna and truly learning what would make her feel at ease. "I know Georgia took the time to learn a few special songs that Donna liked, and volunteers joined Donna in one of her favorite pastimes of playing cards," Brad says.

One of the things that struck Brad the most is how intentionally supportive Hospice was right at Donna's passing. He and other family members were able to be with her as she passed, and after he informed Hospice staff, nurses arrived immediately to support the family as they waited for funeral services.

Overall, Brad describes Hospice as an enormous relief because staff reinforced over and over that "they weren't going through this process alone." Hospice provided care and structure so that Brad and Donna could connect and rest.

Now a member of Frederick Health Development Council, Brad is spending part of his retirement fundraising for and helping to spread the message of what a gift Hospice was to his family in their hour of need. One of the things that's significant about their story, he says, is that they chose hospice earlier than many do. "Donna was in hospice for six months," Brad says. "That made all the difference in terms of allowing us to have all of the support we could through that difficult last stretch."

Accordingly, he wants to help change the perception of hospice as "a bad thing" to "an opportunity for support and relief." He advises people not to wait if they know hospice is more than likely going to become a reality and to choose it sooner rather than later. He is certainly glad that he and Donna did.

Another reason why he serves on the Development Council is because he says that Hospice was such a great source of information. "From the legal necessity of power of attorney paperwork to the spiritual support of the chaplain, Hospice really encompasses it all, beyond just the medical realities of end-of-life," he says.

After a season of healing from Donna's passing in 2020, he is ready to channel his appreciation and lift up Hospice's support by giving back.



Expanding Access, Strengthening Community

A Message from
Director, Korey Cobb

Every day, Frederick Health Hospice has the privilege of walking alongside patients and families during some of life's most meaningful moments. As our organization continues to grow, our focus remains clear: expanding access to compassionate hospice and palliative care while strengthening the relationships that connect us to the communities we serve.

Over the past year, we have continued building momentum across Frederick County and surrounding communities through increased outreach, stronger partnerships, community education, and strategic planning focused on the future of hospice and palliative care. More families than ever before are turning to Frederick Health Hospice for compassionate support, guidance, and care during difficult times.

As healthcare continues to evolve, innovation remains an important part of where we are headed. We are actively working to strengthen community-based care models, enhance collaboration with healthcare partners, improve operational responsiveness, and expand awareness earlier in the patient journey. Through these efforts, we are creating greater access while continuing to elevate the patient and family experience that defines Frederick Health Hospice.

None of this work would be possible without the incredible support of our volunteers and donors. Philanthropy directly impacts the care we provide each day, helping support programs, patient resources, community outreach initiatives, and the compassionate environment families experience during life's most difficult moments. **Behind every visit, volunteer hour, and community partnership is a family receiving comfort, dignity, and support when they need it most.**

Together, we are ensuring more individuals and families across our community receive compassionate care, meaningful support, and dignity throughout every stage of life.

Thank you for your continued dedication, support, and belief in the mission of Frederick Health Hospice.

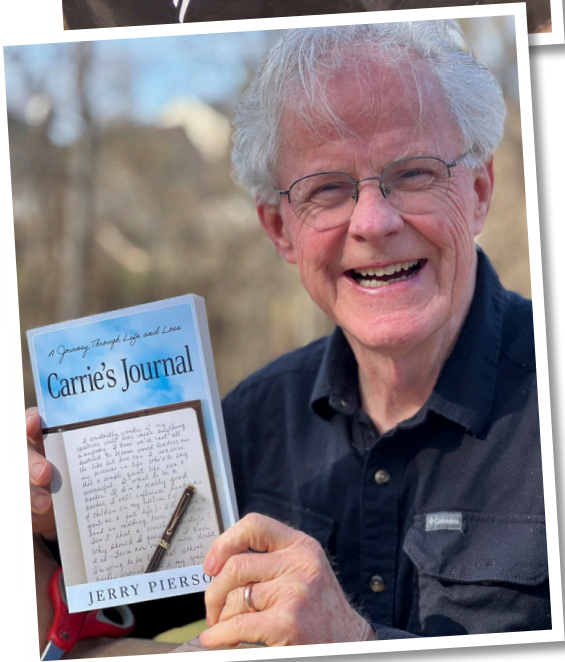
Turning Grief into Action

Grief looks different for everyone, but one of the most healing ways that family members can deal with difficult loss is to channel the feeling into action. Autumn Mehta, who lost her younger brother Gabriel to overdose, and Jerry Pierson, who lost his wife Carrie to cancer, have both moved forward in their process by using the loss to serve others. Both have found comfort in continuing to engage with Hospice and are serving the community through creative work.

Autumn's brother was not involved with Hospice during his life, but Hospice's grief resources in Montgomery County were one of the first places she sought support after he passed. She began seeing a Hospice grief counselor regularly, and soon she'll be volunteering for the first time as a Big Buddy at Camp Jamie. Her counselor encouraged her in coming together with a friend to develop a clothing brand supporting suicide prevention and addiction recovery. "It's a gym clothing brand, which speaks to what I've always used to push through hard times," Autumn says. "Most of all I want people to know that drugs and alcohol can't fix pain, only mask it, and that no one who struggles with mental health is alone."

Carrie Pierson was in hospice for 10 days after more than 14 years of being in and out of remission from cancer – once they made the decision to cease treatment, Jerry says, she quickly transitioned and let go. He also had the support of hospice in the passing of Carrie's mother, who had been in her mid-90s, and died not long after Carrie herself. It was a lot of loss in a short window of time, and in order to cope, during that first year, Jerry began writing a book. For inspiration, he drew from a journal he found that Carrie kept. Initially, he had been completing the work mainly for himself, but as he continued, he saw its potential to support others who had dealt with long-term cancer and caregiving responsibilities, and he had the book published in April of 2026.

Both Autumn and Jerry continue to be involved in Hospice programs – Autumn with Camp Jamie and Hospice's new Horse Therapy Program, and Jerry as a visitor and volunteer. To learn more about Autumn's clothing brand, follow @withhopeunbroken on Instagram or visit withhopeunbroken.com; Jerry's book "Carrie's Journal: A Journey Through Life and Loss" is available on Amazon.



(Top) Autumn wearing a shirt from her clothing brand. (Bottom) Jerry Pierson with his book.

Frederick Health Hospice 2026 Golf Classic

September 24, 2026
Maryland National Golf Club
8836 Hollow Creek Road, Middletown



Join us for a day of fun on and off the greens, including 18 holes of golf, a full breakfast, complimentary gifts, contests, lunch served on the course, complimentary beverages, and snacks throughout the day, ending with a dinner and an awards ceremony. Your sponsorship does more than support a day on the course – you bring hope and healing to patients, loved ones and the community during a difficult time.

TOURNAMENT SPONSOR



Become a Sponsor!

For sponsorship opportunities, visit frederickhealthhospice.org/golfclassic. Together we can drive compassion forward – one swing at a time.

Questions, call 240-566-3036 or email acasterlin@frederick.health

Scan here to process your sponsorship



In Memoriam

We are grateful to the individuals and families who designated contributions to Frederick Health Hospice in memory of their loved ones who are listed below:

Kirk Boucher
Edward Bowers
John Brehmer
Maylee Camut
Charles Carpenter
Charlotte Cornelius
Chris Cucchi
James Danner
Carol Divel
Gertrude Fabiszak
Marshall Fraim
Donna Gambill

David Huffer
Ernest Jeffrey
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Rose Thomas
Jack Topchik
Norman Washington
Darlene Wilt



Your Gift Matters

Your gift creates immediate comfort. By donating today, you provide peaceful sanctuary at the Kline Hospice House, healing music therapy, dignified tribute ceremonies for local veterans, and vital grief support for families.

Make your impact now. Your generosity ensures no one faces their final days or their grief alone.

"Thank you for visiting my dad at Sunrise of Frederick. You serve our veterans in hospice with such compassion and heart."

- Tim Leber

Yes, I want to make a tax-deductible gift to Frederick Health Hospice.

Name _____

Address _____

City _____ State _____ Zip _____ Phone _____

Email _____

Donation Gift Amount \$500 \$250 \$100 \$50 \$25 Other _____

My gift is in memory of _____

My gift is in honor of _____

Please acknowledge my gift to:

Name _____

Address _____

City _____ State _____ Zip _____ Phone _____

Hospice will send a card to the family you designate, acknowledging your gift made in their name or in the memory of their loved one. No reference will be made to the amount of your gift.

Check enclosed (Please make your check payable to Frederick Health Hospice)

Visa MasterCard American Express Discover Card # _____

Expiration Date _____ Security Code _____ Signature _____

To make a gift online, go to frederickhealthhospice.org/donate.



Your gift to Frederick Health Hospice is deeply appreciated.

1 Frederick Health Way | Frederick, MD 21701

Scan here to make a gift today





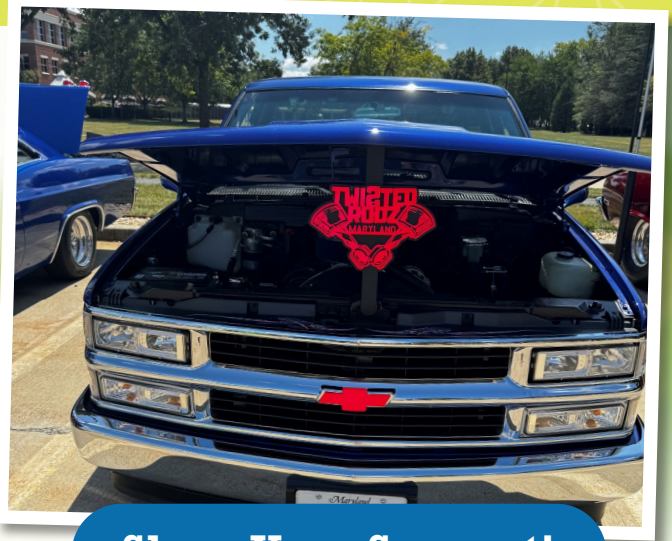
Community Grief Support Resources

The grief support team hosts several support groups, workshops, and events throughout the year. These are for adults only and are held in-person.

If you are looking for a support group for a specific type of loss, please don't hesitate to contact us about your needs. Call 240-566-3030 or email griefsupport@frederick.health. There is no charge for these events.

Find upcoming groups and events here: frederickhealthhospice.org/grief-loss/support-groups-workshops/

Show Your Support!



Twisted Rodz 4th Annual Rally in the Back Alley Car & Truck Show
August 8, 2026
(Rain date: August 9)
9:00 AM – 2:00 PM
Frederick Health Village

Join us for a day of classic cars, custom trucks, music, food trucks, and more! All makes, models, and years are welcome! Email twistedrodzofmaryland@gmail.com for more information. Proceeds benefit Hospice.



41st Annual Rose Hill Manor Vehicle Show
Saturday, August 15, 2026
8:00 AM - 2:00 PM
Rose Hill Manor Park, Frederick, MD

The Francis Scott Key Antique Car Club invites you to mark your calendar for this annual event that helps support Hospice programs.

Camp Jamie Now Accepting Applications

Camp Jamie Day Camp
Students in Grades 1-8
September 26, 2026
Thorpewood in Thurmont, MD
Applications are due September 11, 2026
Space is limited

Teen Grief Retreat (Fall)
Students in Grades 9-12
November 7, 2026
Thorpewood in Thurmont, MD
Applications are due October 23, 2026
Space is limited

Join Us for The Bucket List Book Club

Held most months on Sundays from 2:00 PM - 4:00 PM
Frederick Health Village
1 Frederick Health Way, Frederick MD 21702
(use West Entrance)

Visit our website for book selections.

in partnership with



frederickhealthhospice.org

1 Frederick Health Way | Frederick, MD 21701 | ph 240-566-3030

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Wish List

Kline Hospice House

- Gift cards (Walmart, Food Lion, Amazon)
- For links to specific items needed, visit our Amazon Wish List. You can donate by having items shipped directly to our Kline House through Amazon or you can drop them off to our office Monday - Friday, between 8:00 AM - 4:30 PM.

Find our Amazon Wish List at
frederickhealthhospice.org/wishlist



What comes to mind when you think of music therapy?

A drum circle around a campfire? A keyboard filling a memory care unit with familiar songs? A patient in their final days writing a song to be shared at their funeral?

At Frederick Health Hospice, our Music Therapist, Melanie Jessop, brings all of this—and more—to the people we serve.

From age 6 to 106, she connects with patients and families through evidence-based care, using instruments, singing, songwriting, and even creating personalized grief playlists to bring comfort, connection, and healing.

**Scan the QR code to watch our
Music Therapist in action!**

