

Fall Prevention Workshop

Thursday, March 23, 9am to 1pm (lunch provided)

Frederick Health Village

1 Frederick Health Way, Frederick, MD 21701



Join us for a **FREE** workshop to learn about fall risk and ways to prevent falls among seniors. This Workshop includes educational sessions and helpful demonstrations provided by health experts.

MOST FALLS ARE PREVENTABLE! Take this opportunity to learn how to lower your RISK.

According to the Joint Commission, 30 to 35 percent of patients who fall will sustain an injury. Falls are also the leading cause of injury in adults over the age of 65.

KEYNOTE SPEAKER

Carole Eldridge, RN, DNP,
CNE, NEA-BC
Chief Nursing Officer,
Synergis Education

PRESENTATIONS

Jessica Baldwin, OT/L
Occupational Therapist,
Tx:Team

Mary McDonald, MD
Medical Director,
Frederick Health Hospice

Interpreters are available by advance request. Please call 240-566-4370 no later than Wednesday, October 7 to request an interpreter.

 **ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 240-566-4370.

 **ATTENTION:** si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 240-566-4370.

This nursing continuing professional development activity was approved by the American Association of Critical-Care Nurses, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation

Registration is required. Email HospiceEvents@frederick.health to register, or call 240-566-4055

