

Living Every Moment with Care, Comfort and Hope



Members of the Spousal and Partner Loss Support Group gather together to have fun, support one another, and give back to the community.

Growing Through Grief

Socializing is one of the most difficult yet necessary activities after losing a spouse or partner. It can be especially hard when interacting with people who don't understand what you've been through.

In 2022, Trish Bowers, bereavement counselor and one of the facilitators of Hospice's Spousal and Partner Loss Support Group, began organizing monthly meetups between participants who have "graduated" from the original group and are ready to take another step in navigating life after losing a spouse or partner.

"Just because your person died, your living moments don't stop," says Trish. "These expanded gatherings create a safe and soft place for people to land while figuring out how to continue having their own living moments." Trish wanted to create a space where people could gather socially without having to talk about loss, while knowing they are among others who understand what they are going through. The first few gatherings were held at Hospice and became more popular when moved to Worman's Mill, which allowed for a larger space and Worman's Mill residents to join.

A Christmas potluck was the first event held at Worman's Mill. Since then, Trish has organized other monthly events like coffee and bagel mornings, game nights, potlucks and volunteering for organizations including Blessings in a Backpack. These gatherings have been life-changing.

"I have found true joy in volunteering at Hospice and Worman's Mill for those less fortunate, whether I'm making a warm blanket for those that are homeless or packing an inspirational note and food for a hungry child," says Lucille Layne, who joined the support group in April 2022.



STAY CONNECTED Follow, Like and Share Frederick Health Hospice on Facebook



Making blankets for The Religious Coalition and Emergency Family Shelter was a way for members to enjoy each other's company and give back to those in need.

Frederick Health Hospice

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Maureen Springer joined the original spousal and partner loss support group in April 2022, nearly 4 months after losing her husband, Glenn. Toward the end of the sessions, a member invited everyone to her home for a summer potluck, beginning a series of social gatherings that continue today. Those who attended the cookout - about 5 or 6 of the original group, including Lucille planned a monthly Saturday morning coffee meetup. Saturday coffee, along with volunteering and events at Worman's Mill, quickly became a saving grace. As the group's bond strengthened, they organized more meetups, with some members even attending a weekly trivia night. Their team name? "Good Grief."

"Sharing these times with people who 'get it' and know what we are going through was instrumental in my survival," says Maureen. "I don't know where I'd be without this group of very special friends."

In the fall of 2023, Maureen attended a potluck organized by Trish at Worman's Mill. Since Glenn passed, Maureen had not cooked many meals but found herself excited to make a dish to share.

"Looking back, I discovered that these hospice-related events gave me something to look forward to," says Maureen.

"I never thought I would come out of the dark, but my group has helped me find the light. I don't know where I would be today without Hospice. I can't even describe how grateful I am to have the privilege to be counseled by Trish and my newfound lifelong friends."

- Lucille Layne



Director's Corner

Carlos Graveran, Executive Director

Frederick Health Hospice has served our community as a non-profit agency for more than four decades. We were one of the earliest hospices formed in the U.S. and have been providing compassionate care for patients since before the Medicare Hospice Benefit was made permanent by Congress in 1986. In all those years, our focus on exceptional care for our patients, families and our community has never wavered.

The needs of our aging population continue to grow, putting stress on the capacity of health systems to serve them. Rather than limiting our services however, we continue to enhance and expand them. Rather than focusing on profits, we strive each day to provide the highest level of care possible, regardless of a patient's ability to pay. Rather than a strict focus on caring only for those who qualify for hospice services, we look for creative ways to leverage our strengths and contribute positively to the wellbeing of our entire community. Above all, the quality of the care we provide our families has always been and continues to be our priority.

To that end, we are accredited by The Joint Commission, a global leader in quality improvement and patient safety in health care. We recently completed a Joint Commission survey to achieve "Deemed" status, their most rigorous survey. This means that our organization meets or exceeds expectations for program participation, health and safety requirements and all governing state and federal regulations. It is a true testament to the professionalism and dedication of our staff and sets us apart as one of the highest quality agencies in the country.

I share this with you not to sing our praises, but to give you a sense of how seriously we take our commitment to those we serve. I share it to impress upon you how much we value your trust and generous support, and to let you know that we listen to your needs and concerns and work to address them. Lastly, it is worthy of mention because it underscores what can be achieved when the focus is on patients rather than profits.



Administrative Volunteer and Donor Kathy Lettofsky

Thank You, Volunteers!

We owe so much gratitude to our volunteers for the difference they made in 2023.

From offering companionship to clients and comforting grieving individuals to representing Frederick Health Hospice at community events, assisting with administrative tasks, and much more, our volunteers are a crucial part of the care we offer.

"Everyone is so kind that I wish I could do more. I come away with a lightness to my mind and spirit. When I visit my patient, I come away with more than what I gave. She is a joy!"

Kathy Lettofsky, Hospice Direct Service and Administrative Volunteer



7,245 Hours worked for Hospice



39,221 Miles driven on behalf of Hospice



^{\$}286,608

Saved in Hospice hours worked and mileage reimbursement



1,813 Patient contacts from volunteers

In Memoriam

We are grateful to the individuals and families who designated contributions to Frederick Health Hospice in memory of their loved ones who are listed below:

Karen A. Aldrich Shirley A. Aurand Edward M. Ballew Judy D. Beall Brenda M. Brashears Shirley E. Clabaugh Charlotte R. Craver Edgar E. Crutchley Oliver H. Davis Jr. Milton C. Denn Sr. Johanna A. Dewees Craig L. Driver Charles A. Duffy Leon E. Elsarelli Frank J. Errera Charles C. Grable, Jr. Joy M. Jenkins Michael J. Jessop Carolyn R. Kline Donald E. Kline Peter S. Lincoln Nanette C. Markey James C. Matheson Margaret J. McCoy

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Demystifying Hospice Care

By Mary McDonald, M.D., Medical Director

When someone is facing a life-limiting illness, receiving personalized support, comfort and dignity can make a world of difference. In these instances, hospice care is a crucial option for managing pain, improving quality of life and providing emotional support. But due to lingering misconceptions, many eligible people miss out on the important benefits offered by hospice.

The sentiment, "I don't want hospice, I want to stay home," reflects a common misunderstanding that hospice is a place. But hospice care is not confined to a specific location; it can be delivered in various settings, including a patient's home or an inpatient facility. Hospice clients can also keep their own doctor, which provides a sense of familiarity and continuity during a stressful time.

Entering hospice care does not mean that the person is "giving up hope." Instead, it marks a shift in focus towards maximizing the quality of life rather than continuing life-prolonging medical treatments. Hospice care is not a surrender; instead, it is a compassionate choice that enhances the patient's wellbeing.

While Hospice care is typically meant for a person of any age who is expected to live less than six months, receiving Hospice care does not necessarily mean that the person will die soon. In fact, some people live longer under hospice care than if they were to continue curative treatments.

Hospice care isn't just about the person facing the illness; it's a support system for caregivers too. Everyone deserves to navigate this challenging journey with knowledge, compassion and the assurance that they are not alone.



Hospice patients find comfort in personalized care and meaningful activities.

The Benefits of Canine Therapy

Army Reserve Sergeant First Class and dedicated HosPet volunteer Paul Kelly could not have imagined he'd be comfortable training service dogs and regularly interacting with others again after experiencing a brain injury on the battlefield in Afghanistan. Facing overwhelming challenges including anxiety, depression and difficulty sleeping or being in crowds, Paul was diagnosed with Post-Traumatic Stress Disorder (PTSD) upon returning home. It was when Paul decided to forego applying for a service dog and instead apply to help train them that his recovery journey took an unexpected, life-changing turn.

Paul connected with Warrior Canine Connection of Boyds, Maryland, an organization that enlists the help of veterans in training service dogs for other veterans in need. The program offers more than just dog training; it serves as a source of significant therapeutic benefits for veterans like Paul.

Through their involvement, veterans learn essential skills such as patience, emotional regulation and improved communication. In Paul's case, the program not only helped him cope with depression and anxiety but also allowed him to interact more comfortably with others. "It's because of Warrior Canine Connection that I am here today," says Paul. "I thought I was just volunteering to help another vet. I didn't realize at the time that it was helping me, too."

Despite trying other forms of therapy before joining, none proved as effective as working with the dogs. Paul's improvements are a testament to the program's unique impact on his healing.

"I'm able to interact with people now because of Warrior Canine Connection. It was the perfect healing process," says Paul.



You don't want to miss this event—reserve your spot today!

Tales from The In-Between: Why Are We **Afraid to Talk About Death?**

Lecture & Book Signing

Wednesday April 10, 2024 6:00 PM - 7:30 PM

(Doors open at 5:30 p.m.) Jack B. Kussmaul Theater Frederick Community College 7932 Opossumtown Pike, Frederick, MD (North Entrance)

Space is limited. RSVP today for this free event. Email HospiceEvents@frederick.health or call 240-566-4055. Walk ins welcome.

Interpreters are available by advance request. Please call 240-566-4370 no later than Wednesday, April 3 to request an interpreter. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 240-566-4370. ATTENTION: si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 240-566-4370.

Speaker Hadley Vlahos, RN

The In-Between

uring life's fina

NY Times Best Seller

Nurse

Hadley

As Seen On The Kelly **Clarkson Show and Good Morning America**

Join us for a special night featuring Hadley Vlahos, R.N., a hospice registered nurse and TikTok star ("Nurse Hadley") for a conversation on death and dying. Followed immediately by a book signing.

In her deeply personal memoir, The In-Between, and intimate talks, Vlahos gives resonant and surprising insights on how caring for others transforms us, and what we gain from talking about death and advance care planning.

Presented in Partnership with:

Monique C. and George L. Braude **Memorial Foundation**



Love Your Neighbors: Community Gives Back

We are grateful to our generous community members who organize fundraisers and donate the proceeds to Hospice. Their generosity helps ensure that hospice care is available to everyone in our community regardless of their ability to pay. These donations support the Kline House, bereavement services, Veteran's Program and Music Therapy.



Host an event!

To learn more about hosting your own event, go to FrederickHealthHospice/hostanevent

(Top row from left) Francis Scott Key Antique Car Club and Matan Companies, LLP- Carroll Creek Sailing Through The Winter Solstice "Lady Liberty" boat

(Middle row from left) Twisted Rodz Fundraiser Rally in the Back Alley, DoGood-er Awards and Nancy Collins Memorial Fund

(Bottom row from left), Golden Gears Car Club Inc., Handmade by Hospice and Harwood House Thrift Shop

We are sorry we cannot picture all fundraisers.

Patient Care Summary

FY 2023, July 2022-June 2023

Frederick County first recognized the need for hospice care over 40 years ago when a group of dedicated volunteers began what is now Frederick Health Hospice. Since then, we have had the privilege to serve thousands of patients and their families. We never take for granted the trust that is placed in our care.

28%

Respiratory

15%

3%

End Stage

Renal

Hospice Patient Admission

by Diagnosis

26%

Cancer

19%

Cardiac

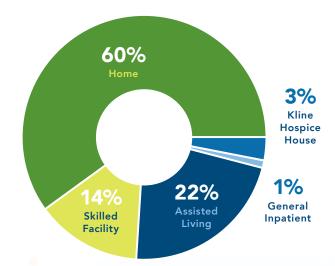
20%

Alzheimer's/ Dementia



1,198 Total Hospice Patients Served	Nurses	20,881
	Home Health Aides	16,006
	Social Workers	1,602
	Chaplains	1,014
41,179	Hospice Physician	773
	Music Therapist	709
Total Patient Visits from Care Team	Veteran Liaison	. 113
	Volunteers	681

Days of Care by Location of Hospice Patients Served







Patricia Clock and Hospice Chaplain Nicodemus

"Throughout her life, my mom's faith was her anchor and her compass. Her relationship with God was a big part of who she was. Hospice Chaplain Nicodemus' visits became the highlight of her day."

Becki Orsini

Your Gift Matters DID YOU RESPOND?

Our Annual Appeal was mailed in November 2023. If you took action, please accept our gratitude. Your generous support allows us to provide hospice care to all, regardless of their financial means. It also ensures we can offer our community bereavement services at no cost.

If you have yet to respond, please know that your gift can still make a difference. Thank you in advance for your thoughtful consideration.

U Yes, I want to make a tax-deductible gift to Frederick Health Hospice.

Name		
Address		
City	State Zip Phone	
Email		
Donation Gift Amour	unt 🗅 \$500 🗅 \$250 🗅 \$100 🗅 \$50 🗔 \$25 🗔 Other	
My gift is in memory	y of	
My gift is in honor of	of	
Please acknowledge	je my gift to:	
Name		
Address		
City	State Zip Phone	
	to the family you designate, acknowledging your gift made in their name or in the memory of their love e to the amount of your gift.	d one.
Check enclosed (P	Please make your check payable to Frederick Health Hospice)	
🖵 Visa 🗖 MasterCa	Card 📮 American Express 📮 Discover 🛛 Card #	
Expiration Date	Security Code Signature	
To make a gift online	ne, go to FrederickHealthHospice.org/donate.	
Frederick Health Hospice		Scan here to make a gift today
notpice		

2023 Donor Report Thank you for the gifts we received January 1 to December 31, 2023

Thank you for your gift to Frederick Health Hospice.

Your loyal support and belief in our mission helps ensure that the needs of our patients, families and community always come first. We are grateful to you for sharing your compassion for what Hospice does, what we represent and, most importantly, those we serve. Thank you for the gifts we received January through December 2023.



MILLER SOCIETY

Recognizes those who have made a gift or multi-year pledge at one of the following levels:

\$2,000,000+ Carl L.* & Norma H. Miller*

\$50,000+

Peter & Laurel Cucchi Tess M. Heavner* *(Carol A. Norris Guardian)* William Edward Kahlert* Dan L. Miller Mike & Marie Miller Bill & Nicole Orr Patty Pollatos Fund, Inc. Peter* & Lorraine P. Plamondon Stauffer Funeral Homes, P. A. Dan & Susan Tipsord

CIRCLE OF LIFE

Recognizes those who have made a gift or multi-year pledge at one of the following levels:

\$25,000 - \$49,999

Jim M. Campbell Timothy Gibian & Kerri Hesley Bill & Mary Haugh Anne E. Martin Right at Home David & Carolyn Ruben Charles* & Mary F. Trunk "Frederick Health Hospice was a godsend to my family. When my mother and father died, they were there to support my family not only during, but after as well. It has been a privilege and an honor to volunteer for Frederick Health Hospice for 25 years."

Steve Gearinger (shown with late mother Tempe and sister Kelly) Circle of Life Member since 2021 and Longtime Volunteer

\$10,000 - \$24,999

H. Mark Alexander Jr.* John M. Day Bonnie Eskenazi Frederick LINE-X Kimball Firestone Steve Gearinger Carlos & Marilu Graveran Patsy Hedges Carmen Hernandez & Manuel Casiano Karyn Maureen Linden* Rich Linden Nikki J. Moberly Betty Louise Moser* Kathy Weishaar & Robert Rice Robin & Dean Rose

KLINE HOUSE MEMORIAL WALL

Recognizes those who paid tribute to their loved one with an engraved tile.

Frederick Bantz George & Susanne Basford Richard & Sue Basford Dorothy Burhans Cecilia Caro Steve R. Gearinger Mihir Jani JED Enterprises, LLC T/A Morgan's American Grill Clinton V. Rhodes Jr. Patricia K. Rossi

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Recognizes those who make an annual commitment at the following levels:

\$2,000+

Jacques De Molay Commandery #4 Steve & Pamala Barger Chuck & Kris Wade J. Daniel Geisinger* Tim & Kathy Moore Katy & Mike Young Patricia & Paul Yeager

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\$1,000 - \$1,999

Jesus & Karen Cepero Steve & Arleen Chafitz Don Combs Roberta Currin Susan Deavours Dottie L. Etzler Nancy & William Ferguson Cyd Goodwin Gail & Joyce Guyton R. Anne Hammer Paul Kelly Philip Lee Kevin & Rosemary Martin Mehrl & Julia Mayne Mark J. Mitchell Mary E. Perry Charlene & Mike Perry Bob Perrygo & Mary Bonen Greg & Nita Pfister Donna Rabaiotti **Robin Rippeon** John Rothen Linda Rubenstein Sharon Rudy Frederick W. Schumacher Betty & Donald Smith Maureen Springer Thomas Tarpley Charles & Janet Virtue Myrna Whitworth Larry & Catherine Williams

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"We wholeheartedly stand with Hospice, witnessing firsthand the compassionate care they provide, which has touched the lives of both our loved ones and our hearts."

Greg and Anita Pfister, Ambassador Club Members since 2015

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Helping Employees Remember Others: A giving club through which employees can show their support through the year.

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"I have worked with Hospice for many years in an IT support role. During these years, I have been constantly impressed by the caring nature of the staff during these trying times in a patient's life. Not only do they care for the patient, but they also care for the family."

David Carmody, Frederick Health IT Sr. Application Analyst and HERO Club member since 2013 Luisa M. Evans Michael Ewing **Michele Farris** Natalia Felix Laura R. Fernandez Garza Mary Fink Therlinsie Fleurizard Diane R. Floria Tina Fogle Jessica L. Fox Shelly Fox Ashley L. French Marilou Fritz Aubrey Galla Janice Gammell Anna Gearing Jodi Gerber Sarah Getz Chris Gladhill Melissa Golden Teresa Goode Theresa Graupner Carlos Graveran Ronald Grenier Virginia P. Griesemer Myra Gruber Philip W. Hackett Angela Hahn Stacey Hahn Tammy Haire Tammy Hall Ingrid Halvorson Christy Hammond Sharon Marie Hannaby Janet Harding Colleen Harmon Wanda Haslup Elizabeth Hearne Teri Heger Sarah Hendrick Christina Henyon Cindy Hernandez Tammy Hershey Veronique G. Hoba Lisa Hogan **Clayton Holdcroft Brooke Holmes** Tania Holmes Bernard Honaker Angela Hooper Oliver Hornick Kelly Hottinger

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"The end of life deserves as much beauty, care and respect as the beginning. Kline Hospice House and the staff who provide care create the space for this to unfold."

Becky and her husband Louis donated outdoor furniture for the Kline Hospice House in memory of her mother, Patricia Clock, who hospice served at Kline House.

Kaitlynn Portner **Rebekah** Prepetit Heather Prince Jameka Pruitt Martha Pugh Megan Putman Maribel Ramos Ursula Ramos Jeffrey M. Ramsburg Sarah Ramsland Melissa Randolph Stephanie Reamy Barbara Reed Deborah Remsberg Jayme Reynolds Andrea Richards Weaver Wendy Richey Jonita L. Rollins Jennifer Romero Erin Roosa LaDora Rae Ropp **Robin Rose** Holly A. Rutledge Jennifer Sachar Rhoani G. Santos Jennifer H. Saponara Erika Saravia Melissa Lynn Schirle Kate Schley Jessica Seibert

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Thank you for the gifts we received January 1 to December 31, 2023



Thanks to contributions to the Sunshine Fund, Hospice was able to provide a cozy reading lamp for a patient who loves books.

Donna White Michael Widerman Rachel Willard Darius Williams Lisa Williams Valerie Winn Jessica Brooke Wishard Megan L. Wittenberg Sadie Wolf Jasmyne A. Wright Jennifer Young Elena Zewe Krista Zucca-Dutton Erin Zusi

FAITH GROUPS

Recognizes faith groups that have made a general contribution including tribute gifts and gifts made in response to one of our appeals.

Crossroads Church Evangelical Lutheran Church Graceham Moravian Church Harwood House Thrift Shop/ Damascus United Methodist Church Howard Chapel/Ridgeville United Methodist Church Linganore United Methodist Church Locust Grove Church Mount Tabor Lutheran Church Mt. Pleasant United Methodist Church Mt. Tabor United Church of Christ New Hope United Methodist Church of Greater Brunswick Providence United Methodist Church Saint Katharine Drexel Church St. Anthony's Shrine St. Peter's Catholic Church St. Paul's Lutheran Church United Methodist Church Marvin Chapel

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Recognizes civic and service groups that have made a general contribution including tribute gifts and gifts made in response to one of our appeals.

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Recognizes those who have made a planned or estate gift.

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Arthur W. Andrews Wanda Baldwin John F. Bledsoe Lillian Wiles Blentlinger L. Edward Blumenauer Daisy Darner Elizabeth Muller Dougherty Stephen Gregory Feeser Alden E. Fisher Carol Ann Fisher Gene G. Gardner Doretha Mae Hanes Blanche L. Hargis Tess M. Heavner Daniel A. Kepler Robert Lee Keyser Marie Antoinette LeComte Carol Willard Martinez Carl L. Miller Eleanor Y. Orndorff Paul D. Penwell Margaret S. Powers Mildred I. Puglise Grayson Edward Rippeon Helen Harshman Rudy

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Ruth Green Sayler Frances M. Showe Robert Lee Waters Ronald W. Wilkin Nathaniel C. Williams

Living Members

Amy Brockey-Rogers Peter & Laurel Cucchi Barbara Duncan Dottie L. Etzler Ann L. Hummer Joni L. King Carol Mastalerz

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Recognizes those who have made a general contribution including tribute gifts and gifts made in response to one of our appeals.

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Hospice Veteran Liaison Bob Lebron honors Hospice patient Retired Captain Randall.

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"We continue to support Hospice because deliberate acts of generosity are so important to ensuring every person has the ability to receive the best Hospice care available and live each day to the fullest."

Steve and Carole Luber, Circle of Life Members since 2017

Their business, Right at Home, also donated 100 free hours to hospice patients who are veterans.

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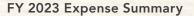
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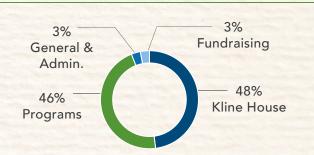
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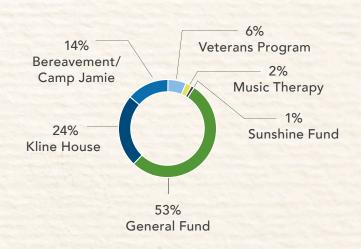
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Camp Jamie participants enjoy a balance of conversation, group time and light-hearted fun.

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"The Elks are proud to support the Kline House with our annual golf tournament. Hospice, and the Kline House in particular, have touched so many of our members' lives. We feel good knowing that we can make a difference for patients and their loved ones in their final months."

Members of the Frederick Elks Lodge #684 (from left) Elks Ryan Maloy, Hospice's Angie Casterlin; Elks Tom Lynch, Humberto Benitez and Dennis Helmstetter

Jeremiah Mitchell Donna Mochi William J. Mohan Virginia & Tom Mohler Mark Moler Leonard & Carey Mongeon Gary & Carol Moore Theresa & Gary Moore Carol M. Moorefield James & Elizabeth Ann Morgan Jane Morgan Jim & Ann Morgan Nancy Noyes Morningstar JoAnn Morris Ken & Betsy Morrow Virginia K. Morrow Anita Morton Ann Moseley

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Patient Alan Dissan with Hospice volunteer, Paul Kelly, and his HosPet Luke.

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"We appreciate giving back to Frederick in any way possible. Having had family members in hospice care, we understand the important and vital role of Frederick Health Hospice and appreciate the opportunity to support that cause."

David Cornelius, Frederick Health Director of Safety and Security, HERO Club member since 2019

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Recognizes those who made a gift of supplies and services to our administrative offices, Kline House or one of our fundraising events.

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A Very Special Thank You to our Golf Sponsors!

2023 Annual Frederick Health Hospice Golf Classic Raises Over \$211,000

We had a great day on and off the greens a few months ago, all to support patient care and the Kline Hospice House, including our Bereavement, Music Therapy and Veterans programs. From the bottom of our hearts, thank you to the sponsors, golfers and many volunteers who helped us raise funds to support the end-oflife needs of our community!

We continue to be touched by the compassion of so many who support Hospice.

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Community Grief Support Resources

We offer a wide variety of grief support services throughout the year, at no charge, to anyone in the community, regardless of whether or not they were served by Hospice. Please check FrederickHealthHospice.org, call 240-566-3030 or email GriefSupport@Frederick.Health for current dates and times.

Individual Counseling

Short-term counseling for adults, adolescents, and children (ages 6+).

General Grief Support Groups

Held bi-monthly in both the evening and daytime. For anyone who has experienced the loss of a loved one.

Groups and Workshops

Varied, loss-specific groups and workshops offered throughout the year. (Examples include: Spousal/Partner Loss, Loss of a Parent, Loss After Caregiving and Coping with the Holidays)

Spanish-Speaking Grief Support Services

Counseling and support groups.

Project Christine Grief counseling for parents and families who have lost a child.

Grief Support in Schools

Individual counseling and support groups offered in all Frederick County Public Schools for students, grades 1-12.

Now Accepting Applications

Camp Jamie Teen Grief Retreat

Spring Retreat: March 16, 2024 Thorpewood Retreat Center, Thurmont, MD, Grades 9-12 Applications due March 1 - space is limited

Overnight Camp Jamie

Spring Camp: May 17-19, 2024 Skycroft Conference Center, Middletown, MD, Grades 1-8 Applications due May 3 - space is limited

Join Us for The Bucket List Book Club

Held Monthly, 2:00 p.m. - 4:00 PM Frederick Health Village 1 Frederick Health Way, Frederick MD 21702 (use West Entrance)

in partnership with







Elks Annual Golf Tournament benefits the Kline Hospice House

Friday, June 14, 2024 Glade Valley Golf Club

For more information, call Ryan Maloy at 240-593-3531 or email Elks684_golf@mail.com



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Has your address changed? Or would you prefer to get the online version of this newsletter? Email PJSmith@frederick.health

Wish Lists on Amazon!

Find our Amazon Wish List at FrederickHealthHospice.org/WishList

Kline Hospice House Wish List

- Coffee K-cups
- Single-serve creamers
- Bleach
- Laundry detergent (HE)
- Zep floor cleaner
- Furniture polish
- Paper towels
- General cleaner (Fabuloso/Spic 'n Span)
- Trash bags (4/8/13/30 gallon)
- Toilet Bowl Cleaner
- Gift cards (Walmart, Food Lion, Amazon)

PLEASE JOIN US— DON'T MISS THIS EVENT!



Why Are We Afraid to Talk About Death?

Lecture & Book Signing

Wednesday, April 10, 2024 6:00 PM -7:30 PM

Additional details on page 7.