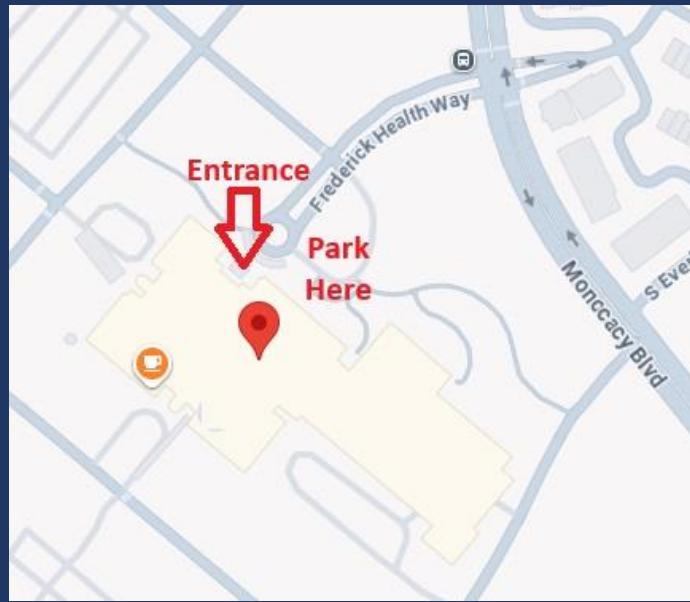


General Grief Group Full Year Schedule 2026

**1 Frederick Health Way
Frederick, MD 21701**
**Use the NORTH (front/main)
entrance of the building.**

Ongoing, drop-in group. No registration required. For anyone in the community who has experienced the death of a loved one.

For inclement weather, please call **240-566-3030** or check our website: <https://www.frederickhealthhospice.org/grief-loss>



Date	Time
Thursday, January 1	HOLIDAY - NO GROUP
Thursday, January 8	5:00 - 6:30
Thursday, January 15	2:00 - 3:30
Thursday, January 22	5:00 - 6:30
Thursday, January 29	NO GROUP
Thursday, February 5	2:00 - 3:30
Thursday, February 12	5:00 - 6:30
Thursday, February 21	2:00 - 3:30
Thursday, February 26	5:00 - 6:30
Thursday, March 5	2:00 - 3:30
Thursday, March 12	5:00 - 6:30
Thursday, March 19	2:00 - 3:30
Thursday, March 26	5:00 - 6:30
Thursday, April 2	2:00 - 3:30
Thursday, April 9	5:00 - 6:30
Thursday, April 16	2:00 - 3:30
Thursday, April 23	5:00 - 6:30
Thursday, April 30	NO GROUP

Date	Time
Thursday, May 7	2:00 - 3:30
Thursday, May 14	5:00 - 6:30
Thursday, May 21	2:00 - 3:30
Thursday, May 28	5:00 - 6:30
Thursday, June 4	2:00 - 3:30
Thursday, June 11	5:00 - 6:30
Thursday, June 18	2:00 - 3:30
Thursday, June 25	5:00 - 6:30
Thursday, July 2	2:00 - 3:30
Thursday, July 9	5:00 - 6:30
Thursday, July 16	2:00 - 3:30
Thursday, July 23	5:00 - 6:30
Thursday, July 30	NO GROUP
Thursday, August 6	2:00 - 3:30
Thursday, August 13	5:00 - 6:30
Thursday, August 20	2:00 - 3:30
Thursday, August 27	5:00 - 6:30
Thursday, September 3	2:00 - 3:30
Thursday, September 10	5:00 - 6:30
Thursday, September 17	2:00 - 3:30
Thursday, September 24	5:00 - 6:30
Thursday, October 1	2:00 - 3:30
Thursday, October 8	5:00 - 6:30
Thursday, October 15	2:00 - 3:30
Thursday, October 22	5:00 - 6:30
Thursday, October 29	NO GROUP
Thursday, November 5	2:00 - 3:30
Thursday, November 12	5:00 - 6:30
Thursday, November 19	2:00 - 3:30
Thursday, November 26	HOLIDAY - NO GROUP
Thursday, December 3	2:00 - 3:30
Thursday, December 10	5:00 - 6:30
Thursday, December 17	2:00 - 3:30
Thursday, December 24	HOLIDAY - NO GROUP